

PURPOSE

Orange City Turkey Trot's purpose is to mark the Thanksgiving Holiday with joyful community through a 5K fun run / walk. While we will offer a true 5K course and will record runner times, the emphasis is on a fun experience for all ages that will raise awareness and resources for mission. The 2013 focus is the Orange City Food Pantry (housed at American Reformed Church). The event is hosted by Trinity Reformed Church with help from Living Water Community Church and other Orange City Residents.

OPPORTUNITIES

1) Worship - The race is purposely early in the morning to allow community members to run and still attend morning Thanksgiving services at various churches. Alternatively, Trinity and Living Water worship in a joint service on Wednesday evening at 6:00 p.m. in Trinity's Worship Center. All are welcome to join us in worship - come as you are.

2) Food & Fellowship - You are also welcome to join us for a Thanksgiving Day meal at Living Water's facility for lunch. Anyone is welcome for a time of fellowship and food.

DONATIONS

We are encouraging participants to bring a grocery bag of non-perishable and non-expired items for the food pantry.

REGISTER

Mail form to:
Turkey Trot
c/o Trinity Reformed Church
201 St. Paul Ave. SE
Orange City, IA 51041

Or visit:
www.octurkeytrot.wordpress.com

CONTACT

octurkeytrot@gmail.com

Or

(712) 737-4542

(The office phone number for Trinity.)



Benefitting the

Orange City Food Pantry

Orange City Turkey Trot

5K run/walk

Thursday, November 28, 2013

Thanksgiving morning

7:30 am

rain or snow or shine

ORANGE CITY TURKEY TROT 5K RUN/WALK

Supporting the Orange City Food Pantry

Times

Pre-Race Registration / Packet Pick-up:
Wed. Nov 27.....4-5:45 pm

Trinity Reformed Church

Race Day Registration / Packet Pick-up
Thu. Nov 28.....6:30-7:00am

Trinity Reformed Church

Race Start.....7:30am

Course Information

The course begins on 2nd St SE just north of Trinity Reformed and finishes in the parking lot. It is a gently rolling course with a combination of roads and the bike path around Landsmeer Golf Course. There will be two well marked grass transitions of around 15 feet each.



Entry Fee

Early Registration (before Nov 27).....\$20

Race Day Registration.....\$25

We are encouraging participants to bring a grocery bag of non-perishable and non-expired items for the food pantry.

T Shirts

The first 100 registrants will receive t-shirts. Registrants beyond 100 will receive a \$5 refund with their packet.

Awards

Special awards will be given to the overall male and female runners. Age group awards will be presented to the top two in each age group, beginning around 8:30.

Age Groups

19 and under, 20-29, 30-39, 40-49, 50-59, 60+

Registration

Online:
octurkeytrot.wordpress.com

Mail: Completely fill out the form to the right and mail with a check made out to Trinity Reformed:

Turkey Trot
c/o Trinity Reformed
201 St. Paul Ave. SE
Orange City, IA 51041

Last Name: _____ First Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

Shirt Size: S M L XL XXL(\$2 extra)

Liability/Publicity Waiver and Release: Upon acceptance of my entry, I for myself, my heirs, executors and assigns, do hereby release the officials and volunteers of the Orange City Turkey Trot, Trinity Reformed Church, the City of Orange City and any and all volunteers, sponsors, their representatives and successors and any individual or group associated with this event from all claims or liabilities of any kind arising out of my participation in this event even though that event may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, verbal or written statements or any other record of this event for any legitimate purpose without limitation or further compensation. I know that running and participating in this event is potentially hazardous. I should not enter and run this event unless I am medically able and properly trained. I agree to abide by any decision of an official relative to my ability to safely complete this event. I assume all risk associated with running and training for this event including, but not limited to falls, contact with other participants, the effects of the weather, including the conditions of the roads and traffic on the course, all such risks being known and appreciated to me.

Signature _____ Parent/Guardian (if under 18) _____ Date _____

In case of emergency, notify: _____ Phone: _____

Age on race day: _____

Sex: M _____ F _____